

CREATIVE DAY SCHOOL

1812 Walkup Avenue
Monroe, NC 28110
704-283-8627

www.creativedayschool.net



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Multitasking

Multitasking is really all about working smarter rather than harder, and there are some tips that can help you to achieve this. Some people find the whole notion of multitasking rather overwhelming, so the first thing you need to do is stop panicking and get a better understanding of what multitasking is all about. Multitasking does not mean that every single task must be completed all in one go; it simply means to just do one thing at a time.

When you seek to undertake a new task, make sure you understand what the task is, what you must do, and what the goal of the task is. You also need to create blocks of time to be set aside for each task based on its level of importance and how much time will be needed to complete it. Tasks that are related can sometimes be compiled or combined to increase efficiency, and it is also a good idea to have the most important task set for the time of day in which you are usually the most active. Important tasks should be mixed with smaller, simpler, less stressful endeavors.

Keeping Kids Safe from Bugs This Summer

As summer comes, so do the bugs. And some of those bugs can bite. Follow these guidelines from the American Academy of Pediatrics to protect your children from getting stung or bitten:

- **Avoid using scented soaps, hair sprays, and perfumes on your child.**

The scents can draw insects and bugs and increase your child's risk of being bitten.

- **Stay away from nests or places bugs might congregate.**

This includes stagnant pools of water, areas where uncovered foods are abundant, and gardens where flowers are blooming.

- **Don't dress your child in brightly colored clothing or flowery prints.** They can draw insects to the child.

- **Insect repellents containing DEET are the most effective.**

However, DEET should not be used on children under 2 months old. The benefits of DEET are best when it is at a 30 percent concentration—the maximum concentration recommended for infants older than 2 months.

JUNE 2019



Honoring Dad on Father's Day

Father's Day is just around the corner on the third Sunday in June, so getting ready for Dad's big celebration is a good idea. For families on a budget or those families focusing on handmade, personalized gifts over something bought in a store there are several great gifts that are easy to make for kids of all ages.

Outdoor Gifts

If Dad loves gardening or being outdoors on the deck, you can easily create messages to Dad in uniquely designed stepping stones or pavers. An adult will have to help the children mix some quick dry cement and put it into forms the shape and size of the stepping stones they want to create.

Make a Winning Trophy

With some decorative dried pasta, gold spray paint and an empty and clean plastic bottle you can create a wonderful and completely unique World's Best Dad cup. Kids can use craft glue to create patterns on the bottle using the pasta, and then glue on handles and a base for a true trophy look. Mom can spray paint with gold and let it dry.

A Family Tree

Consider using heavy duty construction paper in a background color of your choice. The paper needs to be large enough for each child to leave at least two handprints for the leaves of the tree.

Take A Look at What We Are Doing...

This month's theme is: "Splish Splash"

- **Infants:** We will mix colored water and paint with water as we celebrate this month's theme of water play called Splish, Splash. Through pouring, squeezing, squirting and stirring, water play will provide us with hours of experiences, helping to develop creativity, imagination, hand-eye coordination, and enhanced social skills.
- **Toddlers:** The toddlers will be exploring how people use water not only for drinking and washing but also for sailing boats and growing food. We will use the outside environment to explore different ways of using water. We will also learn how sea creatures rely on water just as much as people do. The toddlers will also talk about the color blue this month. The children will enjoy learning and playing through water play.
- **Twos:** We will be talking about water and discussing the safety rules about water play. We will discuss what we use water for and will be talking about how water is used to help our plants and gardens grow. We'll mix colors in water and see what items can float on water. Also, we will focus on the color blue for the month by mixing the color blue with green to make a new color. We'll continue to work on recognizing our letters that start with our first name, counting, and sorting. We will be reading a book about water and working with our flannel board stories along with singing songs.
- **Threes:** The Threes are looking forward to learning about water as this topic will expand on children's familiarity with water. We will take the fun beyond the bathtub and the puddles outside. We will explore how people use water not just for drinking and washing but also for sailing boats and growing food. There's another world to explore with all the different sea creatures that rely on water just as much as people do. Through some wet and wild fun, children will grow in respect and understanding of water as they are exposed to this precious resource in Splish and Splash.
- **Fours:** The Fours will be exploring water and learning how people use water beyond drinking and washing. They will discover how water is used for sailing boats and growing food and will also learn about creatures in the big sea who rely on water as well. We will be reviewing our alphabets, numbers, and Kindergarten readiness skills.
- **After-schoolers:** This month we will kick off the children's summer vacation with a splash day. We will continue this activity once a week through the summer (weather permitting). The children will discover nature on land and in the water. We will take one field trip per week. We will be teaching the children about recycling and caring for our environment. The field trip schedule will be provided. We will also discuss the importance of staying safe out in the sun. Finally, we will discover animals that live in the ocean and the importance they offer to our environment.



Happy Birthday!

June 2 Rylie
June 10 Armani
June 10 Jakobi
June 13 Saniyah
June 13 Chloe
June 24 Hermonii
June 25 Kaden
June 29 Haven



Center News:

June will begin the Summer Camp Fun for the Afterschool classes. Field trips and activities will be posted outside of each classroom. Your teachers will be in constant communication with you throughout our summer camp season.

We will introduce ideas of using fruits to make frozen treats as a part of our nutritional activities. We will explore what makes these healthy treats.

Thank you to all the parents that showed their appreciation for us during teacher appreciation week.

Summer Camp Information:

In order to have our schoolagers' Summer Camp activities and field trips, we will charge \$60 for each child. This fee will cover the trips and activities for the full summer for each child.