

# CREATIVE DAY SCHOOL

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NOVEMBER 2017



*Happy Thanksgiving!  
To You And Your Family*

## The Gift of Thankfulness for Your Child

There are different seasons of the year that are associated with different aspects of character. As November approaches and the leaves begin to turn color and drift down from the trees it is natural to begin to think of thankfulness.

However, sometimes thankfulness is mistaken for manners. While both are important in their own way, “please” and “thank you” sayings are not just rote responses, they are meaningful comments that your child will say and truly mean.



The key to helping children to learn thankfulness starts with understanding just what thankfulness really is. Sit down and think for yourself how you define the word. For more of us as adults and parents thankfulness is more than just an emotion, it is a way of expressing gratitude for everything that is in our lives that is positive, supportive and pleasurable to us on some level.

To help your children develop the gift of thankfulness:

- Model being thankful for the gifts in your life both large and small. Use the words “I am thankful for .....
- Thank your children on a regular basis and be specific. Don’t just say “thanks” when they draw you a picture but rather let them know how valued, special and cared for that picture makes you feel because they were thinking of you.
- Ask your children to share one thing that they experienced during their day that made them thankful. Perhaps they were thankful for an activity the family did together or a kind word from a friend.
- Encourage your children to recognize and thank others for help, support or encouragement. This could be peers, adults, family members or even people that help them in other events and activities.
- Make formal issues like thank you cards, emails or phone calls a family event, not just something that the children are expected to do.

Children can develop an attitude of thankfulness and gratitude with just a bit of encouragement and modeling from Mom and Dad. This is a wonderful gift to give your children and one that they will use throughout their life.

## Happy Thanksgiving! Avoid stress with this advice

Thanksgiving is a time for family togetherness. Of course, sometimes too much togetherness breeds tension, stress, arguments, and the occasional blowup. Whether you’re hosting the dinner or just visiting, remember these tips for staying calm and sane:

- Plan early. Start thinking about Thanksgiving well before the big day so you don’t have to rush to get everything done at the last minute. Check in with guests, or your host, a few days ahead of time to confirm everyone’s plans.
- Get people involved. Don’t try to do all the work yourself. Invite guests to bring dishes (if you’re a guest, volunteer). Recruit your kids to set the table and clear away the dishes. A team effort will make the day more fun for everyone.
- Mix up the guest list. Most families behave a little better if outsiders are present. Include a few neighbors or friends; ask if you can bring a co-worker. A “buffer” will encourage people to be on their best behavior.
- Get out of the house. No rule says you have to hold Thanksgiving at someone’s house. A public setting like a restaurant or hotel can defuse tensions and take the load off. If you are at home, encourage guests to take walks or play outside while waiting for dinner to start.
- Take time to relax. Don’t overschedule yourself. Build some extra time into your day so you can talk, enjoy your meal, and genuinely give thanks for being together.

## Take A Look At What We Are Doing...

### This month's theme is: "Sensational Senses"

- **Infants:** This month we will be getting acquainted with our senses: hearing, touching, smelling, tasting, and seeing. Infants tune into our voices and we will work on imitations with our words and facial expressions. We will talk to the infants while feeding them. We will encourage them to shake, feel, and play with toys while exploring different things.
- **Toddlers:** This month we will be discovering our all our senses. We will be experiencing the different textures of homemade playdough, paint, sand and discuss the difference between hard and soft materials. We will enjoy snacks and discover the different tastes and texture of the food we eat. We will also discover different smells during our meals. We will look at books, pictures and the world around us to use our sense of sight. We will also discover different sounds by listening for sounds outside as well as using a variety of musical instruments. We will continue working on our letters, colors, and sorting, stacking, and matching skills.
- **Twos:** We will be talking about how we use our senses throughout the day. We will read the "My Senses" book and talk about how our eyes, ears, nose, mouth, and hands are used as senses. The colors for the month are brown and yellow. We will paint pictures using these colors, and using our hands to see what the paint feel like. During meals, we will talk about what the food taste like. We will continue to work on sorting, reviewing colors, shapes, letters and numbers. During outside time, we will listen to different sounds like birds, trains, cars, etc.
- **Threes:** This month we will be discussing our Sensational Senses. We will be discussing our five senses, how we use them, how each one helps the other and what we would do without one or the other. We will be doing different activities with each one of our senses and discussing the outcome. We will talk about the different foods we eat, and smells we discover at this time of the year and if we like or dislike them.
- **Fours:** This month we will be discussing fall and the change in the weather. We will also be talking about the changes in dressing warm with pants and long sleeves. We will enjoy making and creating a 5 sense bear, and experimenting with making different textured art projects. We will also be talking about our senses and how important they are. We will be talking about the things that we smell during this time of the year.
- **After-schoolers:** Our classes will be focusing on the lesson of being thankful and celebrating our vets. We will also talk about the sensational senses. For Veterans Day, we will talk about the different branches of the military and how the soldiers become veterans. We will discuss the different duties and roles that the veterans held during their service, and how Veterans Day is celebrated throughout the United States. During this month, we will also discuss the different ways that we are thankful, the reason why we celebrate Thanksgiving and what we are thankful for. When it comes to our sensational senses, we will discuss how important each senses is and how they operate.



### Happy Birthday!

Nov 3 Michael  
Nov 11 Nevaeh  
Nov 19 Wyatt  
Nov 20 Mia  
Nov 22 Tamiya

### Staff Birthday:

Ms. Magnoria Nov 4<sup>th</sup>



### Center News:

**We will be having Thanksgiving Dinner for our parents on November 16<sup>th</sup>. It will be from 11:30am to 1:30pm.**

Our classes will be creating Thanksgiving dinner collages with healthy foods and our nutritional activities will include discussions about healthy choices and amounts.

**Creative Day School will be closed Thursday & Friday, November 23<sup>rd</sup> & 24<sup>th</sup> in honor of the Thanksgiving Holiday.**

Parent Questions and Answers:

*Question: Can I bring family members to the Thanksgiving Dinner?*

*Answer: We have a limit of 4 family members per family.*