

CREATIVE DAY SCHOOL

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Stretching a Family Budget

The reality is that children are expensive. They like eating, drinking, living indoors and indulging in recreational sporting activities, all of which cost money and the costs add up for parents especially if they have more than one child.



The good news however is there are methods of stretching that family budget.

Write out a list of your monthly expenses in relation to incoming cash so that you know exactly what you can and cannot afford.

Another good tip is to stop paying fees. Little fees all add up into big fees, so cutting out the use of ATMs and avoiding late fees can end up saving you a surprising amount of money.

Coupons are an old fashioned but still highly effective way to save money, with many websites offering Internet coupons for stores, and other sites such as Groupon offering product, restaurant and travel deals.

There are other ways to make every dollar count, such as sharing an adult meal between two children when eating out rather than buying two separate kids meals.

Social Networking Is Good For Teens

New technology always causes generation fear, and the advent of social networking has seen much the same, with many of the older generations fearing that the technology is making teenagers unable to deal with face to face contact. The reality however is much different – and much more positive. Social scientists studying young people have found that digital use by teens is both inventive and beneficial in social and even educational terms. The Pew Research Center sees no evidence for the idea that networking is cutting down real world communication either, which found that those who text most avidly are actually more likely to spend real time with their friends. Rather than social networking replacing “proper” socializing, it is merely augmenting it. Children still spend plenty of time in face to face interaction, and as they grow older and receive more freedom from their parents, it is common for them to cut down on their online social networking.

DECEMBER 2017



Keeping Your Family Healthy

Medical visits are almost a certainty for all family members, especially children. However the chances of illness can be reduced by following some easy steps. One good tip is to make sure that your family goes to the doctor for check-ups on a regular basis.

These check-ups can help to prevent certain conditions and diseases and make sure that you are doing all that you can to maintain your health, while for children, also assessing that they are where they should be for their age both physically and developmentally. Height and weight are checked, as are language and motor skills.

Another good tip is to take good care of your teeth. A dental visit should be scheduled not long after a baby gets its first tooth or once it has passed its first birthday. After that everyone should see a dentist once every six months regardless of their age. These visits identify problems such as tooth decay and can also help to learn correct brushing techniques as well as other tips on how to keep a child's smile healthy.

Merry Christmas

Take A Look At What We Are Doing...

This month's theme is: "Let's Pretend"

- **Infants:** We will do a lot of "pretending" this month. We will use our imagination and do pretend play through puppets, songs, and reading books. We will sing Christmas songs to the children and do finger plays. We will say nursery rhymes and even do art activities using their little hands. We are looking forward to having fun with the little ones.
- **Toddlers:** We will be talking about "pretending" to the children. We will have them use their imagination to pretend to be their favorite animals, book characters, and other things. We will also use our voices, bodies, and ideas to go on many adventures without leaving the comfort of our minds. The children will also learn how to use their emotions to handle feelings and social situations before they happen. We will continue to work with sorting and counting. The color for this month is red. As we explore the environment for this month, the children will look for places they might find items that are red.
- **Twos:** We will work on sorting and patterns. Our colors for the month is red and green. We will be making homemade gifts for our parents. We will pretend to dress up for a play and shop for the holiday. We will be using pretend snowflakes on white paper in different shapes and sizes to discuss the weather.
- **Threes:** Wow, this year has flown by! We are working on this month's theme of "Let's Pretend". We will add a Doctor prop box and a secretary prop box in our home-living area. We will discuss the holiday celebrations this month, and go on a pretend trip to the North Pole to look for Santa! We are looking forward to a fun-filled December!
- **Fours:** This month we will use our creative thinking skills to create scenarios through our imagination. We will talk about reality vs fairytales and relate them to our daily lives. We will play dress up and talk about the things that we enjoy as a family. We will set up the table and pretend to cook as well as eat and talk about our favorite foods. We will be talking about winter and the change of the weather. We will also discuss what we like about cold weather as well as enjoy art projects.
- **After-schoolers:** We will discuss how holidays around the world are celebrated. We will use our imagination and pretend to live in the winter wonderland. We will be making a wish list for Christmas. The children will pick a different country and culture they want to learn about and celebrate their holidays. We will make an afternoon snack from other countries to celebrate holidays around the world!



Happy Birthday!

Dec 1 Ayden	Dec 12 Jeremiah
Dec 1 Jourdan	Dec 12 Paisley
Dec 3 Chase	Dec 14 Angelina
Dec 3 Jadavion	Dec 19 Tashun
Dec 3 Laraya	Dec 23 Karleigh
Dec 3 Raquel	Dec 26 Jashun
Dec 6 Kylan	Dec 27 Zuri
Dec 11 Darius	

Staff Birthday:

Ms. Cassandra Dec 22nd

Center News:

All of the staff would like to wish our Creative Day School children and families a very happy and safe holiday season!

We will be including art activities and discussions about the foods that our families share during the holidays. We will explore those that are healthy and why.

Creative Day School will be closed Friday & Monday, December 22nd & 25th in honor of the Christmas Holiday.

Parent Questions and Answers:

Question: Are you closed for the holidays?

Answer: Yes, we are closed Friday, December 22nd and Monday, December 25th as well as Monday, January 1st.